

## Nursing Assistant Training Program

### Skills Check List

SKILL	Lab Practice	Competency Achieved Date	Instructor Initial Date	Clinical Practice	Competency Achieved Date	Instructor Initial Date
Handwashing						
Measuring Height						
Measuring Weight						
Standing Scale						
Bed Scale						
Wheelchair Scale						
Utilizing Thermometer						
Electronic						
Tympanic						
Other						
Taking Temperature						
Oral						
Ear						
Axillary						
Taking a Pulse						
Radial						
Apical						
Respirations						
Blood Pressure						
Manual						
Electronic						
Recording Vital Signs						
A.M Care						
P.M Care						
Oral Care						
Alert Patient						
Comatose Patient						
Denture Care						
Undress Resident						
Give a Shower						
Give a Bed Bath						
Shampoo Hair						
Hair Care						
Skin Care						
Nail Care						
Give Back Rub						
Shave a Resident						
Male						
Female						
Report Skin Condition						
Pericare						
Female						

## Nursing Assistant Training Program

### Skills Check List

Male						
Change soiled brief/pericare						
Female						
Male						
Foley Cath Care						
Empty Colostomy Bag						
Ostomy Care						
Care of Resident with Drains						
Care of Resident with Tubes						
Care of Resident with Catheter						
Apply Clean Bandages						
Care and Use of Prosthetic Eye						
Dress Resident						
Dress Bedridden resident						
Apply Antiembolitic Stockings						
Make an Unoccupied Bed						
Make an Occupied Bed						
Feed a Dependent Resident						
Assistive Devices in feeding						
Measure I&O						
Record I&O						
Record Meal Percentages						
Range of Motion Exercises						
Care/Use prosthetic or orthotic devices						
Move Resident Up in Bed						
Mechanical Lift Transfer						
Turn/Reposition in Bed						
Ambulate Resident						
Using Gait Belt						
With walker						
Transferring Resident from Wheelchair to Bed						
Using Gait Belt						
Total Lift						
Transferring Resident Bed to Wheelchair						
Using Gait Belt						
Total Lift						
Transferring Resident Bed to Chair						
Positioning Resident Chair						
Documenting ADLs						
Observe and Report Pain						
Observe and Report Resident mental changes						
Put Resident On/Off Bed Pan						

**Nursing Assistant Training Program**  
**Skills Check List**

Collect Urine Specimen						
Collect Stool Specimen						
Bowel Training						
Bladder Training						
Donning/Removing						
Gown/gloves/mask						
Assist in Perioperative Care						
Assist in Admit Resident						
Assist in Transfer Resident						
Assist in Discharge Resident						
Post Mortem Care						

Student Name (Print) \_\_\_\_\_

Student Signature \_\_\_\_\_

Instructor Name (Print) \_\_\_\_\_